



NAMI Backpack Project

The 'Back Pack Project' is the new state wide NJSFWC NAMI initiative which will be on-going through May 2016. Club members will purchase full size back packs and fill them with ALL items on the Back Pack list (see below) and designate for a man or a woman. The back packs will be given to local hospitals for discharged patients who are referred to a shelter which houses those with mental health issues. **The list of items is rather lengthy so would suggest that a few members get together to fill one back pack.**

Back Pack List

bath towel

hand towel

wash cloth

full size shampoo and conditioner

deodorant

moisturizer

bar of soap and soap container

toothpaste, toothbrush and container

notepad, pen and pencil

reusable water bottle

lighted key chain

thermal mug

hand sanitizer

comb and brush

pair of socks



Once we learn when the filled back packs are to be delivered to NAMI, we will designate a day each month for members to bring the filled back packs to the MCH; Sharon Silver and I will arrange to deliver the back packs to the Morris County NAMI affiliate.